

**FREE
RESOURCE!**

For the Love of...

LEARNING



Action for Children





1

For the Love of...

LANGUAGE

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Sing and Rhyme Time

AGES 0-2

Engage your little one in simple nursery rhymes and songs. Use big, animated facial expressions and gestures to make it interactive. This fosters language development through rhythm and repetition.

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Alphabet Scavenger Hunt

AGES 3-5

Look for objects around your home that start with different letters of the alphabet. For example, while tucking in for bed you might say, “I see your blanket. That starts with a B/‘buh’ sound. What else do you see that starts with a ‘buh’ sound?”

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2

For the Love of...

LITERACY

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Introduce Tactile Books

AGES 0-2

Choose board books with various textures, like soft fur or bumpy surfaces. Let your child touch and feel while exploring the book. This sensory experience enhances their connection to reading.

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DIY Bookmaking

AGES 3-5

Help your child create their own storybook. They can draw pictures or use photos and dictate the story to you. This activity enhances their understanding of storytelling and narrative.

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3

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MATH

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Counting with Food

AGES 0-2

Use snack time as an opportunity to count! For example, give your child a small number of cereal pieces or fruit slices and count aloud as they eat.

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Pattern Play

AGES 3-5

Use everyday objects like toys or colored blocks to create simple patterns. Ask your child to continue the pattern, introducing them to the concept of sequencing and basic math patterns.

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4

For the Love of...

SOCIAL- EMOTIONAL LEARNING

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Mirror Play

AGES 0-2

Set up a safe, baby-friendly mirror for your little one. Encourage them to look at themselves, make funny faces, and even give themselves "hugs." This fosters self-awareness and emotional expression.

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Emotion Charades

AGES 3-5

Act out different emotions and have your child guess the emotion. This game enhances emotional recognition and expression and is just plain fun. Prepare to be surprised by how much they pick up on!

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Follow for more tips!



www.actionforchildren.org | 614.224.0222

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